## **MYSTIC LIGHT**

# The Song of Prayer— Healing

#### The Cause of Sickness

o not mistake effect for cause, nor think that sickness is apart and separate from what its cause must be. It is a sign, a shadow of an evil thought that seems to have reality and to be just, according to the usage of the world. It is external proof of inner "sins," and witnesses to unforgiving thoughts that injure and would hurt the Son of God. Healing the body is impossible, and this is shown by the brief nature of the "cure." The body yet must die, and so its healing but delays its turning back to dust, where it was born and will return.

The body's cause is unforgiveness of the Son of God. It has not left its source, and in its pain and aging and the mark of death upon it this is clearly shown. Fearful and frail it seems to be to those who think their life is tied to its command and linked to its unstable, tiny breath. Death stares at them as every moment goes irrevocably past their grasping hands, which cannot hold them back. And they feel fear as bodies change and sicken. For they sense the heavy scent of death upon their hearts.

The body can be healed as an effect of true forgiveness. Only that can give remembrance of immortality, which is the gift of holiness and love. Forgiveness must be given by a mind which understands that it must overlook all shadows on the holy face of Christ, among which sickness should be seen as one. Nothing but that; the sign of judgment made by brother upon brother, and the Son of God

This is the third and concluding article on The Song of Prayer: Prayer, Forgiveness, Healing, "an extension of the principles of A Course in Miracles," reprinted with permission of the Foundation for Inner Peace P.O. Box 635, Tiburon, CA 94920.



Oil on canvas. Carl Heinrich Bloch (1834-1890). Royal Museum of Fine Arts, Copenhagen Jesus with Crown of Thorns

Judgment based on Old Testament Law is superseded by the law of Love incarnate, Who came not into the world to judge it but to save it, nullifying death's power to bind human consciousness to the physical body and the material dimension.

upon himself. For he has damned his body as his prison, and forgot that it is he who gave this role to it.

What he has done now must God's Son undo. But not alone. For he has thrown away the prison's key—his holy sinlessness and the remembrance of his Father's Love. Yet help is given to him in the Voice his Father placed in him. The power to heal is now his Father's gift, for through His Voice He still can reach His Son, reminding him the body may become his chosen home, but it will never be his home in truth.

Distinctions therefore must be made between true healing and its faulty counterpart. The world of opposites is healing's place, for what in Heaven could there be to heal? As prayer within the world can ask amiss and seeming charity forgive to kill, so healing can be false as well as true; a witness to the power of the world or to the everlasting Love of God.

### False versus True Healing

False healing merely makes a poor exchange of one illusion for a "nicer" one; a dream of sickness for a dream of health. This can occur at lower forms of prayer, combining with forgiveness kindly meant but not completely understood as yet. Only false healing can give way to fear, so sickness will be free to strike again. False healing can indeed remove a form of pain and sickness. But the cause remains, and will not lack effects. The cause is still the wish to die and overcome the Christ. And with this wish is death a certainty, for prayer is answered. Yet there is a kind of seeming death that has a different source. It does not come because of hurtful thoughts and raging anger at the universe. It merely signifies the end has come for usefulness of body functioning. And so it is discarded as a choice, as one lays by a garment now outworn.

This is what death should be; a quiet choice, made joyfully and with a sense of peace, because the body has been kindly used to help the Son of God along the way he goes to God. We thank the body, then, for all the service it has given us. But we are thankful, too, the need is done to walk the world of limits, and to reach the Christ in hidden form and clearly seen at most in lovely flashes. Now we can behold Him without blinders, in the light that we have earned to look upon again.

We call it death, but it is liberty. It does not come in forms that seem to be thrust down in pain upon unwilling flesh, but as a gentle welcome to release. If there has been true healing, this can be the form in which death comes when it is time to rest a while from labor gladly done and gladly ended. Now we go in peace to freer air and gentler climate, where it is not hard to see the gifts we gave were saved for us. For Christ is clearer now; His vision more sustained in us; His Voice, the Word of God, more certainly our own.

This gentle passage to a higher prayer, a kind forgiveness of the ways of earth, can only be received with thankfulness. Yet first true healing must have come to bless the mind with loving pardon for the

### This is what death should be; a quiet choice, made joyfully and with a sense of peace, because the body has been kindly used to help the Son of God along the way he goes to God.

sins it dreamed about and laid upon the world. Now are its dreams dispelled in quiet rest. Now its forgiveness comes to heal the world and it is ready to depart in peace, the journey over and the lessons learned.

This is not death according to the world, for death is cruel in its frightened eyes and takes the form of punishment for sin. How could it be a blessing, then? And how could it be welcome when it must be feared? What healing has occurred in such a view of what is merely opening the gate to higher prayer and kindly justice done? Death is reward and not a punishment. But such a viewpoint must be fostered by the healing that the world cannot conceive. There is no partial healing. What but shifts illusions has done nothing. What is false cannot be partly true. If you are healed your healing is complete. Forgiveness is the only gift you give and would receive.

False healing rests upon the body's cure, leaving the cause of illness still unchanged, ready to strike again until it brings a cruel death in seeming victory. It can be held at bay a little while, and there can be brief respite as it waits to take its vengeance on the Son of God. Yet it cannot be overcome until all faith in it has been laid by, and placed upon God's substitute for evil dreams; a world in which there is no veil of sin to keep it dark and comfortless. At last the gate of Heaven opens and God's Son is free to enter in the home that stands ready to welcome him, and was prepared before time was and still but waits for him.

#### **Separation versus Union**

False healing heals the body in a part, but never as a whole. Its separate goals become quite clear in this, for it has not removed the curse of sin that lies on it. Therefore it still deceives. Nor is it made by one who understands the other is exactly like himself. For it is this that makes true healing possible. When false, there is some power that another has, not equally bestowed on both as one. Here is the indeed a place for helpers. It is like the role that helps in prayer, and lets forgiveness be what it is meant to be. You do not make yourself the bearer of the special gift that brings the healing. You but recognize your oneness with the one who calls for help. For in this oneness is his separate sense dispelled, and it is this that made him sick. There is no point in giving remedy apart from where the source of sickness is, for never thus can it be truly healed.

Healers there are, for they are Sons of God who recognize their Source, and understand that all their

### How holy are the healed! For in their sight their brothers share their healing and their love. Bringers of peace, the Holy Spirit's voice, through whom He speaks for God, Whose Voice He is, such are God's healers. They but speak for Him and never for themselves.

separation shown. And here the meaning of true healing has been lost, and idols have arisen to obscure the unity that is the Son of God.

Healing-to-separate may seem to be a strange idea. And yet it can be said of any form of healing that is based on inequality of any kind. These forms may heal the body, and indeed are generally limited to this. Someone knows better, has been better trained, or is perhaps more talented and wise. Therefore, he can give healing to the one who stands beneath him in his patronage. The healing of the body can be done by this because, in dreams, equality cannot be permanent. The shifts and change are what the dream is made of. To be healed appears to be to find a wiser one who, by his arts and learning, will succeed.

Someone knows better; this the magic phrase by which the body seems to be the aim of healing as the world conceives of it. And to this wiser one another goes to profit by his learning and his skill; to find in him the remedy for pain. How can that be? True healing cannot come from inequality assumed and then accepted as the truth, and used to help restore the wounded and to calm the mind that suffers from the agony of doubt.

Is there a role for healing, then, that one can use to offer help for someone else? In arrogance the answer must be "no." But in humility there is Source creates is one with them. This is the remedy that brings relief which cannot fail. It will remain to bless for all eternity. It heals no part, but wholly and forever. Now the cause of every malady has been revealed exactly as it is. And in that place is written now the holy Word of God. Sickness and separation must be healed by love and union. Nothing else can heal as God established healing. Without Him there is no healing, for there is no love.

God's Voice alone can tell you how to heal. Listen, and you will never fail to bring His kindly remedy to those He sends to you, to let Him heal them, and to bless all those who serve with Him in healing's name. The body's healing will occur because its cause has gone. And now without a cause, it cannot come again in different form. Nor will death any more be feared because it has been understood. There is no fear in one who has been truly healed, for love has entered now where idols used to stand, and fear has given way at last to God.

### **The Holiness of Healing**

How holy are the healed! For in their sight their brothers share their healing and their love. Bringers of peace, the Holy Spirit's voice, through whom He speaks for God, Whose Voice He is, such are God's healers. They but speak for Him and never for themselves. They have no gifts but those they have from God. And these they share because they know that this is what He wills. They are not special. They are holy. They have chosen holiness, and given up all separate dreams of special attributes through which they can bestow unequal gifts on those less fortunate. Their healing has restored their wholeness so they can forgive, and join the song of prayer in which the healed sing of their union and their thanks to God.

As witness to forgiveness, aid to prayer, and the effect of mercy truly taught, healing is blessing. And the world responds in quickened chorus through the voice of prayer. Forgiveness shines its merciful reprieve upon each blade of grass and feathered wing and all the living things upon the earth. Fear has

Oil on canvas, 1892. Léon-Augustin L'hermitte, 1844-1925. Museum of Fine Arts, Boston Friend of the Humble Supper at Emmaus

*Christ's summons, "Be ye holy, for I am holy," has its corollary: See each as holy, for each in Christ is a child of God. The artist's emphasis is on piety and humility.* as n all its holy one- have never left. This level cannot be attained until

no haven here, for love has come in all its holy oneness. Time remains only to let the last embrace of prayer rest on the earth an instant, as the world is shined away. This instant is the goal of all true healers, whom the Christ has taught to see His likeness and to teach like Him.

Think what it means to help the Christ to heal! Can anything be holier than this? God thanks His healers, for He knows the Cause of healing is Himself, His Love, His Son, restored as His completion and returned to share with Him creation's holy joy. Do not ask partial healing, nor accept an idol for remembrance of Him Whose Love has never changed and never will. You are as dear to Him as is the whole of His creation, for it lies in you as His eternal gift. What need have you for shifting dreams within a sorry world? Do not forget the gratitude of God. Do not forget the holy grace of prayer. Do not forget forgiveness of God's Son.

You first forgive, then pray, and you are healed. Your prayer has risen up and called to God, Who hears and answers. You have understood that you forgive and pray but for yourself. And in this understanding you are healed. In prayer you have united with your Source, and understood that you have never left. This level cannot be attained until there is no hatred in your heart, and no desire to attack the Son of God.

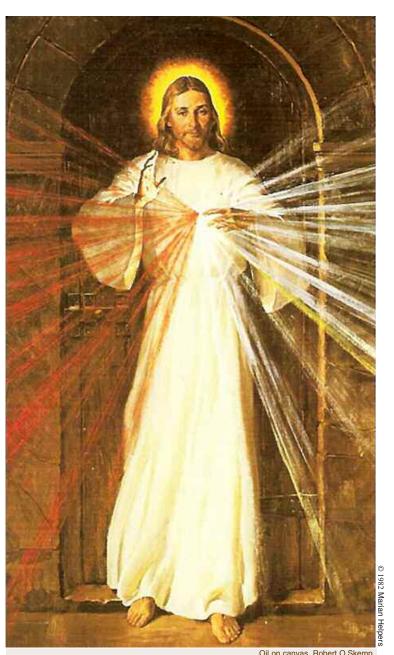
Never forget this; it is you who are God's Son, and as you choose to be to Him so are you to yourself, and God to you. Nor will your judgment fail to reach to God, for you will give the role to Him you see in His creation. Do not choose amiss, or you will think that it is you who are creator in His place, and He is then no longer Cause but only an effect. Now healing is impossible, for He is blamed for your deception and your guilt. He Who is Love becomes the source of fear, for only fear can now be justified. Vengeance is His. His great destroyer, death. And sickness, suffering and grievous loss become the lot of everyone on earth, which He abandoned to the devil's care, swearing He will deliver it no more.

Come unto Me, My children, once again, without such twisted thoughts upon your hearts. You still are holy with the Holiness Which fathered you in perfect sinlessness, and still surrounds you with the arms of peace. Dream now of healing. Then arise and lay all dreaming down forever. You are he your Father loves, who never left his home, nor wandered in a savage world with feet that bleed, and with a heavy heart made hard against the Love that is the truth in you. Give all your dreams to Christ and let Him be your Guide to healing, leading you in prayer beyond the sorry reaches of the world.

He comes for Me and speaks My Word to you. I would recall My weary Son to Me from dreams of malice to the sweet embrace of everlasting Love and perfect peace. My arms are open to the Son I love, who does not understand that he is healed, and that his prayers have never ceased to sing his joyful thanks in unison with all creation, in the holiness of Love. Be still an instant. Underneath the sounds of harsh and bitter striving and defeat there is a Voice That speaks to you of Me. Hear this an instant and you will be healed. Hear this an instant and you have been saved.

Help Me to wake My children from the dream of retribution and a little life beset with fear, that ends so soon it might as well have never been. Let Me instead remind you of eternity, in which your joy grows greater as your love extends along with Mine beyond infinity, where time and distance have no meaning. While you wait in sorrow Heaven's melody is incomplete, because your song is part of the eternal harmony of love. Without you is creation unfulfilled. Return to Me Who never left My Son. Listen, My Child, your Father calls to you. Do not refuse to hear the call of Love. Do not deny to Christ what is His Own. Heaven is here and Heaven is your home.

Creation leans across the bars of time to lift the heavy burden from the world. Lift up your hearts to greet its advent. See the shadows fade away in gentleness; the thorns fall softly from the bleeding brow of him who is the holy Son of God. How lovely are you, Child of Holiness! How like to Me! How lovingly I hold you in My heart and in My arms. How dear is every gift to Me that you have made, who healed My Son and took him from the cross. Arise and let My thanks be given you. And with My gratitude will come the gift first of forgiveness, then eternal peace.



*The Divine Mercy "The universe is waiting your release because it is its own."* 

So now return your holy voice to Me. The song of prayer is silent without you. The universe is waiting your release because it is its own. Be kind to it and to yourself, and then be kind to Me. I ask but this: that you be comforted and live no more in terror and in pain. Do not abandon Love. Remember this: whatever you may think about yourself, whatever you may think about the world, your Father needs you and will call to you until you come to Him in peace at last.